

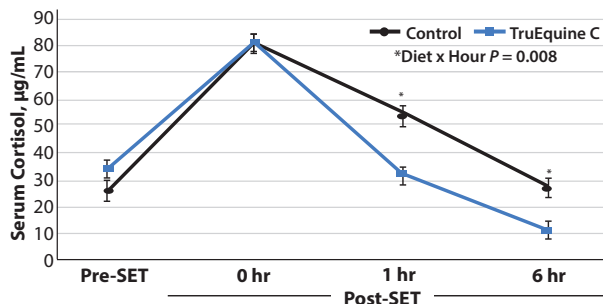


## Stress Management

***It can take a horse as much as 5 days to fully recover from a heavy workout.***

Horses experience stress from a variety of routine activities — from training, traveling, and trailering, to weather, diet changes, and even social interactions. TruEquine® postbiotic can help.

TruEquine postbiotic is backed by sixteen (16) equine-specific research studies, commissioned in partnership with top universities and independent laboratories across the U.S. It's a natural\* solution that works with the horse's biology to manage stress through a healthy immune system.



Valigura et al., 2021.  
Horses fed a diet that included TruEquine C postbiotic

Cortisol is the horse's main stress hormone. Changes in cortisol levels are regularly used to assess stress, as cortisol increases in demanding situations and in response to exercise. Equine research evaluating cortisol and other stress indicators demonstrates that horses fed a diet including TruEquine postbiotic:

- Recover from workouts up to six times faster, with cortisol returning to pre-exercise levels one hour after a workout (compared to six hours for horses fed a control diet).
- Respond appropriately to exercise while managing whole-body stress response as indicated by 68% lower serum cortisol six hours after workout versus before.
- Respond more favorably to head tethering, a stressor commonly imposed during trailering and transport, as evidenced by several local and systemic immune markers.

Horses face varying levels of stress every day. TruEquine postbiotic eases horse stress levels so they can live active, healthy days.

\* Natural as defined by AAFCO

***Click here to connect with our equine experts to learn more!***

**TruEquine**  
Postbiotic